

**“ADVENTURE DAY”**  
**A Children’s Album by Flor Bromley**

**1. WAKE UP**

Wake up! (x4)

Good morning, good morning is time to wake up  
Good morning, good morning is time to wake up

The sunlight is shining, a new day is exciting  
Good morning, is time to wake up

Go to the potty, put on my undies  
Go to the potty, put on my undies

Pick out my clothes and brush my hair  
Pick out my clothes and brush my hair

Grab a bite to eat, a big glass of milk  
Grab a bite to eat, a big glass of milk

And brush, brush all my teeth  
And brush, brush all my teeth

Ok everybody it’s time to dance. Wake up, wake up. Eso. Clap your hands.

Let’s go! (x4)

Can I watch TV?  
Let’s go!  
I want more cream cheese  
Let’s go!  
Can I bring a toy?  
Let’s go!  
It will bring me joy!  
Let’s go!

I don’t want this shoes  
Let’s go!  
Can I wear a hat?  
Let’s go!

Seatbelt is too tight  
Let's go!

I left my water bottle on the shelf, please mommy go get it, I want it, I don't want to leave  
without my water bottle

Ok let's get it... all good?

Thanks mommy!

Let's go! (x2)

We are here!  
We made it.

## **2. BULLY**

I am feeling excited  
It's my first day of school  
Can't wait to see who will I meet  
My mom said to follow the rules

As I enter the classroom  
I see a boy my age  
He has a dino backpack too  
I say hello, he says go away

What?

Why are you mean?  
Why are you mean?  
Don't be a bully

Why are you mean?  
Why are you mean?  
We can be friends

Why are you mean?  
Why are you mean?  
You are not a bully

Why are you mean?

Why are you mean?  
Let's not offend

Maybe we're all just nervous  
Maybe we need to chill  
I'll try at recess and perhaps  
This time we will have a thrill

He's sitting all alone now  
He's looks so very sad  
Maybe he wants someone to play  
I said hello and he got mad

Come on!

Why are you mean?  
Why are you mean?  
Don't be a bully

Why are you mean?  
Why are you mean?  
We can be friends

Why are you mean?  
Why are you mean?  
You are a bully

Why are you mean  
Why are you mean  
Don't get so tense

The rules are easy  
Like lemon squeezy  
I'm easy peasy  
Let's share some cheesy

I like you  
You like me  
I want you to play with me (x2)

Don't be so mean  
Don't be so mean  
You're not a bully

Don't be so mean  
Don't be so mean  
We can be friends

Don't be so mean  
Don't be so mean  
You're not a bully

Don't be so mean  
Don't be so mean

You and I are friends (x8)

-Remember when we weren't friends?  
-I know I was so mean back then  
-But now you are not  
-I'm glad we are friends  
-Me too

### **3. FOOD FT. RED YARN**

One, two, one, two, three, four  
Food (x6)

I like food in the morning  
I like food in the evening  
Every time of the day, I like food (I like food! Me too!)

It's not hard to explain (not very hard)  
I'm sure you understand (everybody knows this)  
I like sweets I like candy  
But I'll eat my vegetables too

Food! In my belly  
Food! In my belly  
Food! In my belly right now oh please!  
I like food

I will eat some strawberries (my favorite fruit)  
Mixed them up with blueberries (mmm yum!)  
A fruit salad is good

Just any kind of food

You know ice cream's my favorite  
I enjoy it, I savor it (more please!)  
Vanilla chocolate strawberry  
Delicious after school treat

Food! In my belly  
Food! In my belly  
Food! In my belly right now oh please!  
I like food

Sometimes I make a mess  
Food all over the place (uhh, sorry about that)  
I help my mom clean up the room  
Hold on I'll get a broom (mic drop)

Food! In my belly  
Food! In my belly  
Food! In my belly right now oh please!  
I like food

#### **4. PLAYTIME**

Playtime! (X3)  
Play, play, play, play, play, playtime

Playtime! (X3)  
Play, play, play, play, play, play

My bed is a boat  
I'm sailing through waves  
My tent is a rocket  
We'll fly out to space

The floor is just lava  
You touch it, you melt  
Let's step on the pillows  
Don't fall in disgrace

Playtime! (X3)  
Play, play, play, play, play, playtime

Playtime! (X3)

Play, play, play, play, play, play

Let's all build a fort

Here there are no rules

Let's dance with our tutus

All made out of tulle

I am a conductor

Come hop on my train

We'll Choo Choo together

We'll go out to Spain

Playtime! (X3)

Play, play, play, play, play, playtime

Playtime! (X3)

Play, play, play, play, play, play

I'm a pilot

I'm an insect

There's a treasure we can find

I'm a pirate

I'm a princess

There're no limits in my mind

I'm a siren

I'm a trickster

Superhero, I can fly

I'm a fireman

Use your fierce sense

In imagination land

Playtime! (X3)

Play, play, play, play, play, playtime

Playtime! (X3)

Play, play, play, play, play

Playtime!

## 5. NO NAP TODAY

No nap today  
Sleepy stay away  
No nap today  
I won't take a nap today

Playing with my Legos  
Eating my snacks  
I'm having so much fun

Bring on the toys  
No time to slack  
I want to run and run

No nap today  
Sleepy stay away  
No nap today  
I won't take a nap today

I am not cranky  
Not overtired  
Can't sleep, the sun is up

I want to draw  
I'm feeling inspired  
Where is my sippy cup? Wha wha whaaaa

No nap today  
Sleepy stay away  
No nap today  
I won't take a nap today

Maybe I need to rest  
But I want to stay awake  
Maybe I'll close my eyes  
Just for a minute  
My games can wait.... *Zzzzz*

No, no, no, no, no, no, no

No nap today

Sleepy stay away  
No nap today  
I won't take a nap today

## **6. VAMOS A CAMINAR**

We're going on a walk (x4)

We're going on a walk  
This is a nature walk  
We're going on a walk  
This is a nature walk

Look at the birds how they fly in the sky  
I see a squirrel finding nuts passing by

Humming bird  
Flies so fast way up high

Butterflies  
Come around in July

We're going on a walk  
This is a nature walk  
We're going on a walk  
This is a nature walk

Stepping on the leaves makes a funny crunchy sound  
I see some bugs just crawling making lines above the ground

I feel the sun on my face  
It feels so warm to embrace

We're going on a walk  
This is a nature walk  
We're going on a walk  
This is a nature walk

Rain falling from the sky  
Makes me feel calm

I hold a little worm



In my hand

We're going on a walk  
This is a nature walk  
We're going on a walk  
This is a nature walk

## **7. BUBBLE BATH FT. UNCLE JUMBO**

Bubble bubble bubble bath

It's bubble time!

Bubble bubble bubble bath

Hey Uncle Jumbo do you have your bubbles

Yes, I do

Let's do it!

Bubble bubble bubble bath

Soon it's gonna be my bath time  
My favorite time of day  
Let's put all the toys away

Bubble bubble bubble bath

Bubble bath is so sublime  
Bubbles will be here to stay  
We're gonna have fun and play

Bubble bubble bubble bath (x3)

Now we're going to put some water  
Fill it all the way up top  
Not a single one will drop

Bubble bubble bubble bath

Put some bubbles all around me  
Really like to hear them “pop”  
Bubble fun is non-stop

Bubble bubble bubble bath (x3)

Let’s put bubbles all around us  
In my hair in my toes  
In my belly in my nose  
In my chin looks like a beard  
Just don’t put them in your ear  
You wanna make sure you hear  
Before bubbles disappear

Bubble bubble bubble bath

I like to get clean with bubbles  
And forget all of my troubles  
Rubber duckies in the water  
I have sharky, I have boats  
All the bubbles, all the toys  
It gives the greatest joy  
To be in a bubble bath

Bubble bubble bubble bath

Bubble bubble bubble bath

I don’t know if you see me, so clean I’m squeaky

Bubble bubble bubble bath

Bubble bubble bubble bath

Bubble bubble bubble bath

Soap, soap, soap, scrub, scrub, scrub

Bubble bubble bubble bath

Bubble bubble bubble bath

## 8. DREAMLAND

There is a dreamland where I go  
When it's nighttime, and stars glow

Close your eyes and come with me  
Won't believe the things we'll see

Hold my hand and we'll explore  
All the magic that's in store...

In dreams, we'll be flying through the sky  
In dreams, the moon dances in the night  
In dreams, nothing can go wrong  
The clouds will drift along  
We'll be singing a sweet song  
In dreamland

Cotton candy unicorns  
Little ants in uniform  
Lollipops, and Lily pods hang on a string  
New bright colors dreamland brings

In dreams, we'll be flying through the sky  
In dreams, the moon dances in the night  
In dreams, nothing can go wrong  
The clouds will drift along  
We'll be singing a sweet song  
In dreamland

Dreamland, love expands  
Inside inside my heart

When I dream, in your arms  
I feel, I feel loved

**All songs written and performed by Flor Bromley.**  
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